

<b>M</b>	1:30 PM <b>HardCORE</b> <i>Gina</i>	2:00 PM <b>HIIT</b> <i>Gina</i>	3:00 PM <b>All Levels Yoga</b> <i>Caroline</i>	4:00 PM <b>HIIT</b> <i>Hannah</i>	5:00 PM <b>Strength Training</b> <i>Tony</i>	6:00 PM <b>X-Fit</b> <i>Steven</i>	7:00 PM <b>ZUMBA®</b> <i>Amber</i>	8:00 PM <b>Pilates</b> <i>Emily C.</i>	9:00 PM <b>Strength Training</b> <i>Becca</i>
<b>TU</b>			3:00 PM <b>Pilates</b> <i>Tiffany</i>	4:00 PM <b>HIIT</b> <i>Marissa</i>	5:00 PM <b>Strength Training</b> <i>Sam</i>	6:00 PM <b>ZUMBA®</b> <i>Snigdha</i>	7:00 PM <b>HIIT</b> <i>Amber</i>	8:00 PM <b>Flexibility &amp; Recovery</b> <i>Allie</i>	
<b>W</b>	1:30 PM <b>HardCORE</b> <i>Julia A.</i>	2:00 PM <b>Strength Training</b> <i>Julia A.</i>	3:00 PM <b>Flow Yoga</b> <i>Caroline</i>	4:00 PM <b>HIIT</b> <i>Amanda</i>	5:00 PM <b>X-Fit</b> <i>Tony</i>	6:00 PM <b>Kickboxing</b> <i>Emily H.</i>	7:00 PM <b>Strength Training</b> <i>Marissa</i>	8:00 PM <b>ZUMBA®</b> <i>Olivia O.</i>	9:00 PM <b>HIIT</b> <i>Halie</i>
<b>TH</b>			3:00 PM <b>HIIT</b> <i>Hannah</i>	4:00 PM <b>X-Fit</b> <i>Haley</i>	5:00 PM <b>Strength Training</b> <i>Mike</i>	6:00 PM <b>All Levels Yoga</b> <i>Sarah</i>	7:00 PM <b>Strength Training</b> <i>Steven</i>	8:00 PM <b>HIIT</b> <i>Jamie</i>	
<b>F</b>	7:00 AM Faculty & Staff <b>Fitness Fusion</b> <i>Allie</i>	11:00 AM <b>HIIT</b> <i>Katie</i>	1:00 PM <b>X-Fit</b> <i>Jamie</i>	2:00 PM <b>ZUMBA®</b> <i>Snigdha</i>	3:00 PM <b>X-Fit</b> <i>Amanda</i>	4:00 PM <b>Kickboxing</b> <i>Alyssa</i>	5:00 PM <b>X-Fit</b> <i>Allie</i>		
<b>S</b>					4:00 PM <b>HIIT</b> <i>Gina</i>	5:00 PM <b>X-Fit</b> <i>Julia A.</i>			