FORMAT: The exact tournament or league format will depend on the number of teams that register. All games will be played in the Gymnasium/MAC located inside the Student Recreation Center. The course will be outlined for each new participant.

SAFETY: Players must remain six feet apart at all times. Players should only stand near goal when retrieving their disc.

EQUIPMENT: All equipment will be provided by Intramural Sports staff.

RULES:

- **Starting a game:** Each hole will begin with tee throws. Players will throw from behind a designated area once all players ahead are out of range. When throwing the disc, the point where the disc comes to rest on the ground, is where the disc will be thrown from next.

  After completing the hole, the player with the least throws attempted, will Tee off first for the next hole.

- **Throwing the Disc:** Players may throw the disc in any desired motion with feet planted. Rolling the disc intentionally will not be allowed. Run-up throws will not be allowed.

- **Scoring:** The amount of throws used to complete a hole will be the score for the round. The player with the lowest score combined after all holes will be declared the winner.

- **Game Play:** Played identically to the game of golf with only one disc being used during play. With each disc throw, players will receive one point. After completing each hole, the player who accumulates the least amount of points will win.

- **Completing a Hole:** Once the disc comes to rest in the basket or chains, the hole is completed.

SPORTSMANSHIP RATING: Good sportsmanship is required of all participants. Players, coaches, and spectators are to conduct themselves properly at all times. UConn Recreation reserves the right to suspend or disqualify groups or individuals for unsportsmanlike conduct at any time. Unsportsmanlike conduct before, during and/or after a game (event) will not be tolerated.

Unsportsmanlike conduct includes actions that are unbecoming to an ethical, fair, honorable individual. It consists of acts of deceit, disrespect, or vulgarity and includes taunting.

The Intramural Supervisors reserve the right to reevaluate and amend any rating based on team/player’s sportsmanship.

If you have any questions, please contact Kelsey Cato (Coordinator of Intramurals and Tournaments) at 860-486-2357 or by email: Kelsey.Cato@UConn.edu