FORMAT: The exact tournament or league format will depend on the number of players that register. All games will be played in the Gymnasium/MAC located inside the Student Recreation Center.

SAFETY: Players must remain six feet apart at all times. Players should only stand near goal when their team is throwing the disc.

RULES:
- **Throwing the Disc:** All throws must be made from behind the can opposite of their goal. If the Frisbee hits the ground before being deflected or hitting the can, it will be ruled dead.
- **Starting the Game:** All games will begin with a coin toss to determine throwing position as well as order.
- **Scoring:** A game is won by the first team to score exactly 21 points; if a team scores more than 21 points, then there score will be reduced by that number. For example, if I have 20 points and score 2 points, my score will be reduced to 18. Teams will also receive an equal number of turns. If the team that started gets to 21 first then the other will get a chance to tie or instant win. If the game becomes tied, then the game will be decided by a sudden death round.
  - 1 point – Partner deflects and disc hits can
  - 2 points – Disc hits can without deflection
  - 3 points – Partner makes it inside of can (top)
  - Instant Win - Partner makes it in front slot without deflection
- **Deflecting the Disc:** In an attempt to score the disc can only be hit once. You are not allowed to catch the disc and only one hand should be used to deflect.
- **Cleaning:** Players are expected to clean their own equipment after each use. Cleaning materials will be provided.

SPORTSMANSHIP RATING: Good sportsmanship is required of all participants. Players, coaches, and spectators are to conduct themselves properly at all times. UConn Recreation reserves the right to suspend or disqualify groups or individuals for unsportsmanlike conduct at any time. Unsportsmanlike conduct before, during and/or after a game (event) will not be tolerated.

Unsportsmanlike conduct includes actions that are unbecoming to an ethical, fair, honorable individual. It consists of acts of deceit, disrespect, or vulgarity and includes taunting.

If you have any questions, please contact Kelsey Cato (Coordinator of Intramurals and Tournaments) at 860-486-2357 or by email: Kelsey.Cato@UConn.edu

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