Day - Hiking

What to bring:

- ☐ Hiking boots
- ☐ Base-layer athletic clothing
- ☐Fleece / insulating layer
- □Light-weight / quick drying pants
- □Rain jacket
- **□Water (32oz +)**
- ☐ High energy snacks
- □Extra cash
- ☐ Bugspray / sunscreen

What to tell our staff:

□ If you would like a rental daypack, or have your own



Provided Gear

Trekking Poles (optional)

Daypack (optional)



Personal Gear

Daypack:

Water bottles High energy snacks Spending money

Athletic clothing (layers)

- Base wicking, performance materials
- · Insulating fleece, wool, down
- · Shell rain jacket / pants

WATERPROOF HIKING BOOTS!

