Club Sports Safety Officer Training

Fall 2023
Safety Officers

- Each team is required to have two Safety Officers
  - Can be a current team officer (president, VP, etc..) or player
- Must have Adult CPR/AED & First Aid Certification
- Submit Injury/Illness Report
- Responsible for Med Kit and requesting restocking of supplies
  - Not all teams are supplied a Med Kit
CPR/AED & First Aid Certification

• Certification must expire after May 5, 2024
• If a Safety Officer currently holds a valid Adult CPR/AED & First Aid Certification, they can submit the following form: Safety Officers
  • Proof of Certification must be submitted with form
• UConn Rec will offer classes to those who need Certification
• Teams must submit proof of Certification or take a UConn Rec sponsored class by September 29, 2023
  • Teams who do not have two Safety Officers with Certification by the deadline will be prohibited from practicing and competing until the proper Certifications are obtained
Accepted First Aid/CPR/AED Certifications

American Heart Association
- Heartsaver® First Aid CPR AED Training Course Certification
- Basic Life Support (BLS) Certification for the healthcare professional
- Advanced Cardiovascular Life Support (ACLS) for the healthcare professional

American Red Cross
- Adult First Aid/CPR/AED
- CPR/AED for the Professional Rescuer
- Basic Life Support (BLS) for the Healthcare or Public Safety Professional
- Advanced Life Support (ALS) for the Healthcare or Public Safety Professional
UConn Rec CPR/AED/First Aid Classes

• September 8 and 15 (3:00-5:00pm in Husky Suite)
  • Link to register will be sent to those who chose UConn Rec Class

• Hybrid Instruction
  • Safety Officers must complete online portion of the class prior to the classroom portion and bring proof of completion
  • Classroom portion will include further learning and practicum

• Certification is valid for two (2) years
Injury/Illness Reports

- Must be filled out by Safety Officer or Team Leadership after any injury that occurs during a team activity and a Competitive Sports Athletic Trainer and/or Site Manager is not present
- Link to form can be found on the Team Resources page of the website
- Injury/Illness Form Link
- Competitive Sports staff will follow up with injured athlete to advise on next steps
Injury/Illness Report

- Time, date, location, brief description, and severity
- Person Involved
- Injury, action taken, and care provided
- Witness Account
- Description of Accident
Time, Date, Location, Description & Severity

Brief Alert Text Description - should be both succinct and specific
Include:
1. Activity/program/affiliation at time of accident
2. Injury type and location
Person(s) Involved

• If multiple parties are injured within the same accident, fill out separate reports for each
Injury, Action Taken and Care Provided

Injury

- You must click the (+) Add Injury button at the end of this section to document the injury.
Witness Statement

Witnesses

• Every report should have a witness statement.
• Statement should be factual, short, and written in the point of view of the witness.

UConn Rec
Description of Injury/Illness

Officer Completing Report
• This section is where a bulk of the information will live. This is where you answer the questions who, what, when...etc.
• Accurate, Brief, Clear
Med Kit

• Selected teams are supplied with a Med Kit at the beginning of the school year

• Safety Officers or Team Leadership can request to restock supplies for their Med Kit via the form on the Team Resources Page of the website

• **Club Sports Team Medical Kit Restock Request Form Link**

• Teams must turn in their Med Kit by May 3, 2024 or when they are done competing
  • Teams that are competing past May 3 must inform the Competitive Sports office when they will return their Med Kit